

The Association of Hypnotherapy & Stress Management

Registered at Companies House (Incorporated in England & Wales) (Registration Number 03707691)

Registered with the Office of the Information Commissioner (Registration Number Z 7278352)

Minutes of Extraordinary General Meeting held 27 February 2020

A meeting of the membership of the Association was held on 27th February 2020 at 4 Redwood, West Bridgford, Nottingham NG2 7UL to discuss and approve resolutions amending the group's Memorandum & Articles of Association (M&AA).

Present were Alex Evison, Gill Hines, Steve Thresh, Stef Dziuba, Jane Murphy-Thresh, Jo Hand, Marilyn Upton.

Apologies were received from Dawn Stanford and John Lucas.

One Proxy Vote form was received from Dawn Stanford, nominating Gill Hines to vote on her behalf.

Alex Evison, chairman of the meeting, ran through the pros and cons of the resolutions and each member had been given prior copies of the reasons for these changes and the proposed new M&AA. A discussion then took place during which members raised various points which Alex explained in more detail.

Members also discussed accounting procedures and Alex explained that the requirements are for the Association to produce annual accounts and lodge these with Companies House. Alex is currently producing these in his role as Treasurer and intends notifying the accountants who are used at present that we are dispensing with their services. Members were happy with this action and confirmed that Alex should continue with this; indeed members were pleased that Alex is producing regular profit and loss accounts and updating the balance sheet so that members are being kept better informed than in the past.

Following this a vote took place which unanimously approved the resolutions and the new M&AA.

Steve Thresh
Secretary
The Association of Hypnotherapy and Stress Management.