

PROXY VOTING FORM

A **Proxy** is someone you may choose to attend the Association’s Annual General Meeting to vote on your behalf. To appoint a proxy, you must complete the form below and send it by email to the Company Secretary at: secretary@ahsm.org.uk to reach them no later than **7 days prior to the AGM date**. Please note that Proxy Votes received after this date may not be valid.

If you so wish you may nominate the Chairman or a member of the Board as your proxy to vote on your behalf. Should you nominate a member of the Board, “AHSM” will suffice as the address.

I (name), of (address),

a member of the Association of Hypnotherapy and Stress Management Limited hereby appoint

..... (name), of (address),

and failing them I appoint,

..... (name), of (address),

as my Proxy to vote on my behalf at the forthcoming Annual General Meeting of The Association and/or at any adjournment thereof.

Signed by..... on (Date)